TABLE OF CONTENTS

INTRODUCTION	N TO THE EL	ECTIVE COURSE SUSTAINABILITY IN THE PROFESSION C AND D	PAG
PART A	THE	DRY AND PROCESSING	11
CHAPTER	1	INTRODUCTION TO SUSTAINABILITY	15
	1.1	Introduction	15
	1.2	Objectives	15
	1.3	What is sustainability?	16
	1.4	Sustainable thinking and the 3 P's	21
	1.5	Factors for a sustainable life	25
	1.6 1.7	Hallmarks Concepts	30 35
	1.7	Final task	37
	1.0	i iliat task	37
CHAPTER	2	FOOD	39
	2.1	Introduction	39
	2.2	Objectives	39
	2.3	Raw materials and auxiliary materials	40
	2.4	Waste	60
	2.5	Sustainable business practices related to food	77
	2.6	Concepts	89
	2.7	Final task	91
CHAPTER	3	GOODS	95
	3.1	Introduction	95
	3.2	Objectives	95
	3.3	Raw materials and auxiliary materials	96
	3.4	Waste	108
	3.5	Sustainable business with respect to goods	121
	3.6	Terms	129
	3.7	Final assignment	130
CHAPTER	4	LIVING	133
	4.1	Introduction	133
	4.2	Objectives	133
	4.3	Raw materials and auxiliary materials	134
	4.4	Waste	157
	4.5	Sustainable business with respect to housing	164
	4.6	Terms	174
	4.7	Final task	176

CHAPTER	5	TRANSPORT	179
	5.1	Introduction	179
	5.2	Objectives	179
	5.3	Raw materials and auxiliary materials	180
	5.4	Waste	191
	5.5	Sustainable business with respect to transportation	200
	5.6	Concepts	208
	5.7	Final task	210
PART B	PRACTICAL ASSIGNMENTS		
PRACTICAL ASSIGNMENT 1		Sustainability begins with yourself	213
PRACTICAL ASSIGNMENT 2		Sustainability in business	227
PRACTICAL ASSIGNMENT 3		Sustainability improvement in the profession	237
PRACTICAL ASSIGNMENT 4		Revenues from sustainability improvements*	247
PART C	WORK SHEET		
WORK SHEET 1	ORK SHEET 1 Creating a flyer		255